

GFWC Women's Civic League of Cheyenne

KALEIDOSCOPE

A proud member of the General Federation of Women's Clubs

April 2016

President's Message

Pat Stenback



Windy March has decided to be windy April as well. The flowers are slowly inching up out of the ground and I do hear lots of birds singing. It is my favorite time of the year.

I can't believe how quickly time has gone by. The committee women are turning in their reports and it is so very impressive what they have been able to achieve. Several committees being under the umbrella of Home Life Community Service Program has worked out very well this year. The ladies met on a monthly basis after Christmas House was over. They had the time to brainstorm and came up with clever ways to help each other give money to very worthy causes. I look forward to being the co-organizer next year.

Every single Board member has worked very hard to make GFWC Women's Civic League a great organization and they have passed their enthusiasm on to the general membership.

The state convention is at Rock Springs, April 22 and 23. If you are able, please try to attend. It is lots of fun and also gives you an opportunity to see what is going on at the state and national level. It is all very impressive. Many of our members are very active in state positions. With that in mind, Leslie Jo Gatti needs an Education Chairman. I have had the job these past two years and I really enjoyed it. Send me an e-mail if you would be interested.

"If you need something done, ask a busy man. No one else will have time to do it." Unknown

Needs, Inc. "Can Man" Program

No peanut butter or jelly collection this month. Collection will resume at the May General Membership meeting!

GFWC Women's Civic League of Cheyenne

Pat Stenback, President
Katherine Van Dell, First Vice-President
Patti Reese, Second Vice-President
Pam Hendricks, Recording Secretary
Barb Kuzma, Corresponding Secretary
Fran Smyth, Treasurer



Kaleidoscope

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Joyce Bailey, Editor
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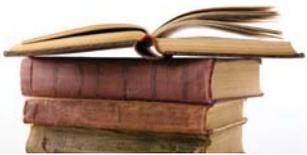
General Federation of Women's Clubs (GFWC)

Source: *GFWC.org*

The Year, 1907: At the request of U.S. Secretary of War, William Taft, GFWC organizes the Panama Canal Zone Federation of Women's Clubs to improve the civic life of the community.

The Year, 1908: GFWC International President Sarah Chase Platt-Decker was invited by President Roosevelt to attend the Conference of Governors at the White House. Invitations had gone to all Governors, members of Congress, President's Cabinet, Supreme Court, and national organizations. **MRS. DECKER WAS THE ONLY WOMAN INVITED.**

The Year, 1921: Recognizing that Native Americans were denied citizenship rights, GFWC created an Indian Welfare Committee at the Salt Lake City, Utah, Council Meeting (the precursor of a GFWC Board Meeting).



The Year, 1930: The American Library Association credited GFWC with establishing 75% of America's public libraries.

The Year, 1934: GFWC's Division on Public Health created the Women's Field Army in partnership with the American Society for the Control of Cancer, now the AMERICAN CANCER SOCIETY. Hugely successful, the initiative raised public awareness and funding to promote cancer prevention and early detection.

The Year, 1943: The GFWC "Buy a Bomber" campaign generates funds to purchase 431 planes for war service.

The Year, 1943: GFWC members, including First Lady Eleanor Roosevelt, donate wedding gowns to British service women.

The Year, 1944: GFWC adopted a resolution in support of the Equal Rights Amendment.

First Vice-President

Katherine Van Dell

The April 13 General Membership meeting program is "The Fruit of our Labors," which is the presentations to the Community Grant Committee grant recipients.

Second Vice-President

Patti Reese

See you at the April General Membership meeting! April 13, 2016
Radisson Hotel (formerly the Holiday Inn)
11:30 am-Social; 12:00 noon-Lunch, Meeting, and Program

Community Service Program Committee Reports

Education Community Service Program Subcommittee

Phyllis Salzburg, Chair
Ann Norwood, Co-Chair

The Education Committee met Friday, April 1, 2016, at the Laramie County Library to review applications and award scholarships for the 2016-17 academic year. There were 12 members present. The total available to the committee from 2015 Christmas House was \$9150. Of this amount, \$773 is obligated to LCCC for the final installment of our contribution to the Endowment/ matching funds account, which left \$8377 for scholarships.

Fourteen outstanding high school senior applications were received and choosing only eight to receive \$1000 scholarships was extremely difficult. The recipients have been invited to the May 11 General Membership meeting as our guests to be recognized for their accomplishments and hear about their future plans.

The \$377 balance will be available for use by the Education committee beginning June 2016.

It is so rewarding to see the hard work from Christmas House be realized to benefit these outstanding young people in our community!

Buttermilk-Blueberry Breakfast Cake

Served at April Board of Directors Meeting (Cathy McMikle)



1/2 cup unsalted butter, room temp
2 tsp. lemon zest-from 1 large lemon
7/8 cup* + 1 Tbsp sugar**
1 egg, room temp
1 tsp vanilla
2 cups flour (*set aside 1/4 cup of this to toss with the blueberries*)

2 tsp baking powder
1 tsp kosher salt
2 cups fresh blueberries
1/2 cup buttermilk

* 7/8 cup = 3/4 cup + 2 Tbsp

** This 1 Tbsp is for sprinkling on top

*** To make homemade buttermilk, place 1 tablespoon of vinegar or lemon juice in a liquid measuring cup. Fill cup with milk until it reaches the 1-cup line. Let stand for five minutes. Use only 1/2 cup of the prepared mixture for the recipe.

Preheat the oven to 350°. Cream butter with lemon zest and 7/8 cup of sugar until light and fluffy. Add egg and vanilla and beat until combined. Meanwhile, toss the blueberries with 1/4 cup flour, then whisk together the remaining flour, baking powder, and salt. Add the flour mixture to the batter a little at a time, alternating with the buttermilk. Fold in the blueberries. Grease a 9-inch square baking pan (or something similar) with butter or coat with non-stick spray. Spread batter into pan. Sprinkle batter with remaining tablespoon of sugar. Bake for 35 to 45 minutes. Check with a toothpick for doneness. If necessary, return pan to oven for a couple of more minutes. (Note: Baking for as long as 10 minutes more might be necessary.) Let cool at least 15 minutes before serving.



Military Outreach Subcommittee

Flo Beville, Chair

Mary Lee Dixon, Co-Chair

The Military Outreach Committee has been very productive and busy, and we are now wrapping things up for this year.

Have you done all of your Spring Cleaning? If not, we can help!!!



Airman's Attic. We are holding a GENTLY used household items drive in April for the Airman's Attic at F.E. Warren AFB. For those of you not familiar with this, troops can go to the Attic and get household goods for free, as the items have been donated. We are looking for **small** appliances, dishes, glasses, pots and pans, and small baby items.

VA needs. In addition, the VA publishes a monthly "Wish List." Some of the items are needed for veterans who are transitioning to apartments, homes, etc. The list follows:

VA Wish List for Veterans

Items needed throughout the VA Hospital and for outpatient veterans and their families:

- A veteran is requesting a used treadmill
- Another veteran is requesting a bar stool without a back and another needs a card table
- We have requests for coloring books and colored pencils
- CLC nursing home residents are requesting Tammy Wynette, Patsy Cline, and 80's rock & roll music CD's
- The veterans who live at Red Tail Ponds apartments in Fort Collins are requesting fishing gear
- The Endoscopy clinic is in need of wheelchairs; they would like to have three of their own to keep in their clinic
- The Mental Health Intensive Case Management group would like to make a spring-time trip to IMAX or the Aquarium in Denver; estimated cost is \$200--if anyone would be willing to donate gift cards for this adventure, it would be greatly appreciated
- We are going to need food and gift donations for this year's National Salute to Veterans
- Used Music CDs for use in "Coffee with the Chaplain" and "No Veteran Dies Alone." All genres welcome, including Christian, classical, holiday, patriotic, and rock & roll; especially need oldies from 50's, 60's, and 70's

Please bring your donations to the April General Membership meeting.

Committee members will then deliver those items on your behalf!

The willingness with which our young people are likely to serve in any war, no matter how justified, shall be directly proportional to how they perceive the Veterans of earlier wars were treated and appreciated by their nation. – George Washington

Senior Services Subcommittee

Marsha Temte, Chair

Please take Special Note!!!

The Committee will meet **Monday, April 11**, at 1 pm, at Barnes & Noble.

Committee activities summary (and the year isn't over yet!):

September 2015 A donation of \$500 was given to Southeast Wyoming Foster Grandparents Program. The funds will be used to provide transportation and support for seniors that go to schools and daycare centers. They are working to support children in reaching their goals for the future. The program celebrated 50 years in December.

October 2015 Gift baskets containing candy and books were taken to nursing homes.

December 2015 A donation of \$200 was given to Meals on Wheels to help fill Christmas stockings for those that are homebound. The stockings were filled with lotions and other needed items. Cookies were taken to the Senior Center. Several members attended and assisted in passing out cookies and socializing with those at the Center. A great way to let them know that "We Care."

January 2016 The Committee started the process of adopting residents at Granite Rehabilitation and Wellness. Members will be giving support via patient visits and helping out with different activities. WCLC members wishing to become Committee members for the purpose of participating at Granite are required to have a background check (at no charge by facility), and attend a training session at the facility.

February 2016 The Committee purchased red roses to hand out to WCLC members attending the General Membership meeting. Our way of saying, "Thank You." Five copies of large print Reader's Digest were purchased for six nursing homes in Cheyenne. The cost for the one-year subscriptions was \$540. Four members of the Committee went to Granite on the 17th and helped with activities, donating cookies and prizes for games, and books and DVD's for the facility library.

March 2016 Six Committee members completed training at Granite.

Other donations made by the Committee included back packs for the Youth & Family Services Committee Spring project (\$119); Meals on Wheels Sock project (\$89); and \$38 to set up and print the Home Life logo.



Special Needs Subcommittee

Heather Dodson, Chair

Lucy Russell, Co-Chair

The Special Needs Committee met on March 10 at the Laramie County Library. There were five members in attendance. We decided to give money to the following organizations:

- \$120 to The ARC for a ramp at their office
- \$60 to The ARC for a ramp to the building that has their art classes
- \$1200 to the Cheyenne Police Department to purchase four bracelets for Project Lifesaver, which will be designated for people with disabilities
- \$652.54 to Climb Wyoming for their counseling program.

Lucy Russell will be picking up craft items from Carmalee Rose for possible kits to put together for some of the disability programs in Cheyenne. Some of the committee will also be going through the Christmas House storage to gather craft items also for the same project. When all is gathered we will have a working meeting to put together some craft packets.

Special Raffle (GFWC-Wyoming)

Linda Swing, Cathy McMikle, and Trish Peoples

The GFWC-Wyoming International Outreach Committee recently purchased the following items from UNICEF and will raffle off the items at the General Membership meeting on Wednesday. Purchasing these items for this special raffle will provide the following benefits to children in need through UNICEF:

Handcrafted Floral Wood Wine Bottle Holder - 86 oral rehydration salts to combat dehydration and diarrhea.

Midnight Sky Necklace (Thailand) - 17 lifesaving nourishment packets for children suffering from malnutrition

Jali Soapstone Jewelry Box "White Roses" (India) - 146 oral rehydration salts to combat dehydration and diarrhea.

Hand blown pitcher with ice chamber (Mexico) - Polio vaccine for 65 children

Please buy some raffle tickets on Wednesday for \$5 a ticket. These items are all beautiful. The money we receive from the raffle will either go to UNICEF or to Operation Smile. Thank you!



Youth and Family Services Subcommittee

Connie Glassman, Chair

Linda Borchert, Co-Chair

Youth and Family Services had a busy year beginning in September 2015. At our first meeting, the Committee members discussed potential projects and came up with a list. This is what the Committee accomplished:

	<u>Amount</u>
Family Fun Day	100
Family Promise Coat Drive – An earlier drive collected coats which were dropped off at the Cheyenne Frontier Days coat drive.	
Unaccompanied Students Initiative – This program provides a home for unaccompanied students so they can continue their education. Holy Trinity Church donated a house until a permanent home is built. We allocated \$500 towards curtains and hardware which were purchased and delivered to the home. An open house was held on February 26, 2016 with a number of WCLC members attending. Women’s Issues Chair, Trish Peoples, donated 200 toiletries, meeting another need. Thanks, Trish!	246 500
Assistance for Keefe Family – An e-mail communication regarding assistance for the Keefe family was received. The mother, a former WCLC member, was struck by a car and injured. Another WCLC committee contributed \$50 and our Committee matched the donation.	50
Holly’s Pillows – 15 sets of pillowcase, pillows, blankets, and Beany Babies were delivered to CASA so that each foster child has his/her own pillow and blanket. (See photo below)	349
LCSD #1 Anti-Bullying Campaign – The money will be used to purchase materials to make wristbands for a parade bringing awareness to bullying scheduled for this month.	100
Cheyenne Regional Foundation for Neuropsychological Testing Program – testing for children (referral from Community Grant Committee)	1215
The Committee voted to fund up to \$300 to purchase children’s backpacks for the fall school session 2016.	119
Bag of Books – an ongoing program being revisited to see if the program can be better utilized. A teacher recommended contacting and offering the Bag of Books totes to new teachers in the school system. Current teachers have their own books, while the newer teachers come into the school system with no supplies.	
Raising Readers – A request to assist with Raising Readers in Wyoming was received. This is an ongoing literacy program distributing books to children at well-child checks and immunizations. This request will be discussed at the April meeting.	



Since this is the end of my term as the chair of Youth and Family Services, I would like to thank all the wonderful women who have worked so tirelessly supporting the Committee. You’ve been a joy to work with and I appreciate your dedication and inspiration. An extra special thank you goes to my co-chair Linda Borchert for always staying in touch and contributing even in difficult circumstances. It was a pleasure, ladies!

GFWC-Wyoming

Ann Adragna Norwood, GFWC-W President

Dear GFWC-W Member Friends,

GFWC-Wyoming State Convention. I am excited to say that the 111th GFWC-W State Convention is rapidly approaching! Thanks to the hard work of our Convention Chairs, Mary Lee Dixon, Wendy Owen, and Phyllis Salzburg, as well as assistance from the Woman's Club of Rock Springs, we are anticipating a fabulous convention! Convention highlights are at the end of this newsletter. Detailed information and all forms are available on the gfwcwyoming.org website, as well as the GFWC-W "Call to Convention" issue of the Clubwoman, also found on the website. This is a wonderful opportunity to learn, network, share camaraderie, and have fun—so please be sure to attend. The registration deadline is April 10. Sign up for the Ciner Mine Tour on Thursday, April 20, by e-mailing cheyanny@gmail.com no later than April 13. The registration limit is ten. Please bring or send your international cookies for the "Bake-Off Cookie Contest," as well as your items for the Food Bank and Humane Society Service Projects. Details are available in the GFWC-W "Call to Convention" issue of the Clubwoman regarding both of these requests. Convention entertainment will be provided by the Music Department of Western Wyoming College during our International Night on Friday, April 22. A pianist will also perform Saturday evening, April 23.

April is Autism Awareness Month. Since National Autism Awareness Month began in 1970, the number of individuals diagnosed with autism has grown at an alarming rate. In the 70's and 80's, about one in every 2,000 children was diagnosed with autism. Today, the National Institutes of Health estimates that 1 in 68 children has an Autism Spectrum Disorder (ASD), a developmental disability. ASD is characterized by repetitive patterns of behavior and difficulties with social communication and interaction. There is a wide range of ability among both children and adults with ASD. Some people with ASD are gifted and others need significant levels of support to ensure their well-being. About 25 percent of individuals with ASD are nonverbal but can learn to communicate using other means. ASD is a lifelong disorder. While there is no known cause or cure, it is treatable. People with ASD can make significant progress through therapy and treatments, and can lead meaningful and productive lives. GFWC's Home Life Community Service Program Partner, Easter Seals, provides a wide variety of services that help individuals of all abilities and the families who love them. You can learn about the Easter Seals autism programs by visiting their website at www.easterseals.com.

A State by State Celebration of GFWC. GFWC is proud to say we have clubwomen in each and every state in the union. To celebrate our diverse members and the communities they serve, GFWC Headquarters will devote a day to celebrating each state in the Federation. Beginning April 6, a different state flag will fly alongside the GFWC flag at Headquarters every business day. Check the GFWC Facebook page to see a photo of the day's flag and to learn a little about the state's history within the Federation. When our state flag appears on our Facebook page, leave a message saying how your community and state benefit from the volunteer projects of GFWC clubwomen.

Tell Congress to Fund Programs that Address Violence Against Women. Congress is considering FY 2017 appropriations to fund services to victims of domestic violence and sexual assault through the Violence Against Women Act (VAWA), Victims of Crime Act (VOCA), and the Family Violence Prevention Services Act (FVPSA). These programs are both cost-effective and lifesaving. The need for the funds is well documented. According to the Center for Disease Control (CDC), an average of 24 people per minute are victims of rape, physical violence, or stalking by an intimate partner in the United States; over 12 million a year. The National Domestic Violence Counts Census reported that 12,197 requests by victims for help went unanswered on a single day last September due to a lack of funding and resources. The vast majority of the requests (63%) was for safe housing. The National Alliance to End Sexual Violence revealed that the nation's 1,315 sexual assault programs often lack the resources to meet victims' most basic needs. Almost half of rape crisis centers have a waiting list for counseling services. Wait times can be as long as three months in some areas. Check out GFWC News and Notes, April 2, to learn how to send your representatives a letter expressing your wish to fully fund programs aiding victims of domestic violence and sexual assault through the GFWC Legislative Action Center. YOU can make a difference.

President Project: Wyoming Women's Center, Lusk. You have once again exceeded any possible expectation regarding your remarkable generosity! Clubs throughout the state have contributed a total of \$1200 to benefit the GFWC-W State President Project for March and April. We were able to provide 10 women graduating from their Welding Program with steel-toed boots and helmets. Financial donations of checks or cash: \$850. Amazon Gift Cards: \$350. I can assure you that Warden Pullen and Julie-Tennant Caine, and, most importantly, the ten women who will benefit from your generosity are extremely grateful! You have impacted their lives and futures through your kindness. You ladies make me proud, not to mention even make me cry a little with joy! I just love all of you! Thank you from the bottom of my heart!

Special Announcement

Habitat for Humanity Jump into Jewels

When and Where:
Saturday, April 23, 2016
10 a.m. – 5:00 p.m.
1243 Jessi Drive
(Homes by Guardian model
home at The Pointe)

The following items are still needed: jewelry, watches, purses, belts, and scarves. Donated items may be dropped off at the Habitat ReStore, 1721 Ames Ave., or at Donna's Wear it Again Apparel, 1609 Capitol Ave. Deadline for donations: April 22.

Proceeds will directly fund Habitat's 2016 Women Build home. For more information call the Habitat ReStore, 637-8067.

Mini Wonton Quiche

Served at April Board of Directors Meeting (Cathy McMikle)



12 wonton wrappers
4 turkey breakfast sausage links, casings removed
¼ cup frozen spinach, thawed and drained
⅓ cup finely chopped red pepper
2 Tbsp finely chopped green onion
5 large eggs
¼ cup milk
¼ tsp salt
1 cup shredded cheese (can use part skim mozzarella)

*An easy breakfast
or lunch recipe
that's good for you!*

*Less than 100
calories per quiche*

Preheat oven to 350°. Spray a 12-cup muffin pan with non-stick spray. Line each cup with 1 wonton wrapper (press wrapper to the sides of the pan, as high up as possible). In a medium pan, scramble fry breakfast sausage. Turn off heat and stir in spinach, red peppers, and green onions. Set aside.

In a medium bowl, whisk together eggs, milk, and salt. Stir in cheese (or reserve and sprinkle on top). Spoon egg mixture into wonton cups (about ⅓ cup filling in each wrapper). Bake for 20 minutes or until eggs are fully set.

Nominations

From our bylaws: *The slate of one candidate per office shall be recommended in writing to the membership in March and shall be read at the March General Membership meeting. **The slate shall be read at the April General Membership meeting. At that time nominations may be made from the floor. Elections shall be by written ballot only if nominations have been made from the floor.***

WCLC Slate of Officers

2016-2017 Club Year

President - Katherine Van Dell
First Vice-President - Trish Peoples
Second Vice-President - Patti Reese
Recording Secretary - Earleen Weaver
Corresponding Secretary - Barbara Kuzma
Treasurer - Teresa Kunkel

Membership

Wendy Owen and Tandie Opsal



WCLC Dues Reminder: Dues of \$50.00 for all WCLC Associate, Active, and Inactive members are due no later than the April 13, 2016 General Membership meeting. Please bring your dues to the meeting and give to Wendy Owen, Membership Co-Chair. **Or** mail your dues to Fran Smyth, 217 Crestline Ave, Cheyenne, WY 82009.

Just a reminder that we are still actively recruiting new members for WCLC. We had a wonderful meeting at the Cupcakery downtown in February and appreciate all who attended.

We do not have a March 15 deadline for new member signup this year, so keep recruiting! Please consider bringing a prospective member to our May General Membership meeting.



Save the date for Spring Fling. It will be Friday, May 13, at the Old West Museum, 11:30 am to 1:30 pm. We will be having a “High Tea,” and celebrating new members recruited during the 2015-2016 club year. We will have a sign-up sheet at our April and May General Membership meetings, so please sign up and bring something yummy to share with fellow club members. Something appropriate for “High Tea” would be terrific!

Spring Fling!!!

Please note new date:

Friday, May 13, 2016 – Old West Museum
11:30 am – 1:30 pm – Theme: *High Tea*

Please sign up at the April or May meeting.

Member Yearbooks

Trish Peoples, Chair

Yearbook Updates

Yearbook Section	Name, Pg #	Update
Active Members	Leslie Connaghan Welcome new member!	630 Vista Lane, 82009 Home 630-8561 Work 637-5112 lconnaghan@msn.com
	Cheri Phillipi, 55	Resigned in good standing
	Christine Shay, 56	New cellphone number: 823-3025

The following active members will change to associate status in September: Charlene Baktamarian, Gayla Brown, Alice Hild Farris, Dena Hansen, Dorrie Jones, Kathy Lind, Ann Norwood, Shri Reckling, and Carrie Westling.

Need a Yearbook update included in the next issue of Kaleidoscope?

E-mail Joyce.Bailey33@gmail.com



Christmas House

Nancy Kaufman, Karen Kent, & Tandie Opsal, Chairwomen

Flo Beville, Administrative Assistant

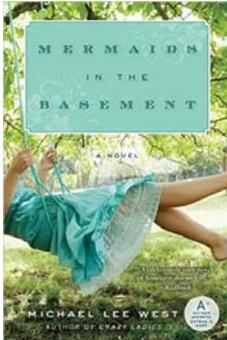
The quilt top for the "Members Only" raffle is done for Christmas House! We will be selling tickets for this quilt and for the 50/50 Raffle at the General membership meeting. There will be two 50/50 raffles drawings, one in July, (Christmas in July) and one at the Christmas House Brunch on December 7.

Please take time to read the April Christmas House E-Gram, sent via e-mail to the membership. If you did not receive the E-Gram, please e-mail: WCLC.christmashouse@gmail.com.

Calling all sewers! If you sew and want to sew for the Christmas House, please call Nancy Kaufman or Karen Kent.

ESO Book Club

Lucy Russell, Chair and Heather Dodson, Co-Chair



The next book we will be reading is "Mermaids in the Basement" by Michael Lee West. The meeting will begin at 9:15 a.m.

We will meet on Monday, April 18, at Barnes & Noble, to discuss this book.

Please note:

We meet at the back of the store to the right of the Children's Section.

Club Websites!

GFWC: www.GFWC.org

GFWC-Wyoming: <http://www.gfwcwyoming.org>

GFWC Women's Civic League of Cheyenne: <http://www.womenscivicleaguecheyenne.org>

Christmas House Facebook page: GFWC Women's Civic League of Cheyenne

Group e-Mails

GFWC Women's Civic League of Cheyenne: wclcmembers@googlegroups.com

WCLC social group (non-club topics): wclcsocial@googlegroups.com

WCLC Board of Directors: wclcboard@googlegroups.com

Featured Recipe: Mexican Enchiladas

Rachelle Zimmerman

Canola oil
12 corn taco shells
1 lb lean ground beef
1 11-oz can Green Giant Mexicorn
1 pkg taco seasoning mix
1 qt beef broth (made from instant bouillon)
½ tsp cumin
2 Tbsp chili powder
¼ tsp garlic
Salt (optional)
Black pepper

4 Tbsp corn starch
2 Tbsp water

2 cups shredded cheese
(cheddar or Monterey Jack—
or combination)

Sour cream, chopped lettuce,
and picante sauce



Preheat oven to 350°.

In a small skillet over medium heat, heat canola oil. Lightly fry taco shells just until soft. Do not crisp. Drain on a paper towel-lined plate. Repeat until all the shells have been fried.

Brown ground beef—draining fat or patting off fat with paper towel, if needed; add Mexicorn and taco seasoning mix. Set aside.

While ground beef is browning, mix together beef broth, cumin, chili powder, garlic, salt (optional), and black pepper. Heat to boil.

While waiting for beef broth mixture to boil, mix together corn starch and water. Once beef broth mixture boils, add enough cornstarch mixture to thicken. This is your enchilada sauce.

Dip corn taco shells in enchilada sauce. Fill with ground beef mixture, sprinkle with cheese, roll up, and place seam side down in 9" X 13" pan lightly sprayed with Pam. A glass baking pan is preferred. After all enchiladas are made, pour remaining enchilada sauce over top. Cover with foil. Bake until enchiladas are "bubbling," about 20 minutes.

Sprinkle cheese over top and heat until cheese is melted. Serve with sour cream, chopped lettuce, and picante sauce.

GFWC-Wyoming President's Project

Trish Peoples

What: Making 250 poppies for Meals on Wheels
Who: X-JWC and WCLC Members
When: May 18, 10:30 a.m. until finished
Where: Laramie County Library Cottonwood Room

This is the final State President's (Ann Norwood's) Service Project for GFWC-Wyoming (in conjunction with X-JWC Home Life)

Note: Please bring your own scissors, if possible. Contact Trish Peoples for more information, tlapples@yahoo.com. 307-637-0131



In memory of Esther Clay



Esther Lorraine Clay, 92, of Cheyenne, Wyoming, passed away Thursday evening, March 10, 2016, at the Davis Hospice Center.

Esther was born August 28, 1923, in Fresno, California, a daughter of the late Jacob and Elizabeth (Diehl) Eurich.

Esther married John C. Clay on May 20, 1944, in Baton Rouge, Louisiana. A philanthropist and supporter of the arts in Cheyenne, Esther was actively involved in the Cheyenne Civic League, Cheyenne Art Guild, Southwest Cancer Society, Laramie County Arts Council and endowed the Esther and John Clay Summer Watercolor Workshops at LCCC. She was a member of St. Mark's Episcopal Church and the Cheyenne Symphony Guild.

Esther is survived by her loving husband, John C. Clay of Cheyenne; two daughters, Carroll VanDuyn of Cheyenne, and Diane Wooster of Greeley, CO; four grandchildren; and two great-grandchildren.

A private inurnment service will be held at St. Mark's Columbarium. A public memorial service will be announced.

Expressions of sympathy in Esther's memory may be made to a private charity of one's choice.

Photo and Obituary courtesy of Schrader Aragon & Jacoby Funeral Home

Corresponding Secretary

Barb Kuzma

Cards sent to WCLC members during the previous month:



Esther Clay	Thinking of You
Linda Brunner	Thinking of You
Family of Esther Clay	Sympathy – a \$50 donation is also being made to the LCCC Summer Art Workshop
Nancy Kaufman	Sympathy – loss of brother
Joan Hughes	Get Well Soon

Remember! E-mail or call Barb Kuzma any time a member should receive a card from Women's Civic League...for any reason.
E-mail: kuz001@aol.com Cell phone: 630-1070

Wander through Way Back

Joyce Bailey, Historian

A personal “wander through way back”

Christmas House 1996 will always be one of my favorites, simply because it was my very first Christmas House (as a member of Women’s Civic League). My craft item was a Santa Claus made from an old well-used fence post that I rescued from our firewood pile. I went from not wanting to donate it (because I thought it was so neat and I wanted to keep it), to worrying that no one would purchase it...and I would be mortified—not ever being able to show my face again. During the first hour on the first day of Christmas House, I saw it “walking out the door.” I will never forget that moment. I felt validated as a member because I am not a crafter. And, luckily, I kept a photo, and made one for myself so as to never forget how I felt at that moment. Dianne Kirkbride was the President that year, and Debbi Rowe was the Christmas House Chairwoman. Talk about ideal role models with whom to start my “career” as a Civic League member. In 1996, I was in awe of the organization and of the Christmas House. I still am today.

Broccoli-Sausage “Dip”

Dip served in the Christmas House 1996 members’ breakroom. (Kay Jessen’s recipe) It is delicious!

2 12-oz pkgs broccoli pieces (cooked in microwave until cooked, but crunchy)

2 12-oz pkgs Jimmy Dean Hot ‘n’ Spicy Sausage
(if you can’t find it, use Jimmy Dean “Hot” Sausage)

2 Tbsp butter, melted

1 medium onion, chopped, sautéed in butter

1 16-oz jar Cheese Whiz

1 8-oz can mushroom pieces

2 10-oz cans condensed cream of mushroom soup
Regular Frito’s corn chips

(Recipe can easily be halved)

Mix all ingredients together in large crockpot. Heat until hot, then keep warm until serving.

Serve over corn chips.



Christmas House 2003 will stand out as my number one favorite, because Carol Farthing and Donna Weaver agreed to chair the Christmas House. Carol was my first and only choice, and I’m still not sure what I would have done had she said “no.” Carol immediately teamed up with Donna, and what a dynamic duo. The House was the home of another member, Linda Amundson, and what a fabulous house it was. (I have at least 500 photos to prove it, and that was back in the day before digital prints.) As a thank you, Carol and Donna gifted me with a trio of the famous Christmas Carolers (shown at left), and I still cherish them today. I couldn’t believe they were thanking ME, when I will never be able to thank them enough for a Christmas House beyond my wildest imagination. Thank you, Carol and Donna. You hold a special place in my heart.

April 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
3					1	2
						
3	4	5	6 Board of Directors First Presbyterian Church (22 nd St and Carey Ave) 9:00 am	7	8	9
10 Deadline For GFWC- Wyoming Convention Registration!	11 Senior Services Committee 1:00 pm Barnes & Noble	12	13 General Membership 11:30 am-Social 12 noon-Lunch Radisson Hotel (Formerly the Holiday Inn)	14	15	16
17	18 ESO Book Club Barnes & Noble 9:15 am	19	20	21	22 Earth Day!	23 Habitat Jump into Jewels <i>See pg 9 for details</i>
24	25	26	27	28	29	30

WCLC Needs and Wants

Please bring your donations to the April General Membership meeting:

Area:

Conservation
Military Outreach
Senior Services

Contact:

Roberta Bolton
Flo Beville
Marsha Temte

Requested donations:

Card fronts* - printer cartridges – soda can pop tops
Items for enlisted military and veterans: see list on page 4
Purses and Scarves for Granite Rehabilitation residents

*Guidelines for card fronts: (1) only the card front can be used (please check to be sure the backside of the front of the card is clear of any writing); (2) St. Jude's cannot accept Hallmark, Disney, or American Greeting cards; (3) 5" x 7" size or smaller

GFWC-Wyoming Convention Summary

GFWC-W 111th State Convention
“GFWC-W: Embracing Our Cultural Diversity and Traveling the Globe”
Rock Springs, Wyoming
April 22 and 23, 2016

- Best Western Outlaw Inn – Room Block Reserved GFWC-W (rooms will be released April 14)
- Guest Presenter: GFWC Second-Vice President, Marian St. Clair
- Outstanding presentations to include Mary Guthrie, Cheyenne Attorney; Dr. Karla Leach, Western Wyoming College President; Dr. Dudley Gardner, professor at Western Wyoming College
- Ciner Mine Tour, Thursday April 21. Below and Above Ground.
- Tours: Historic Walking Tour, Community Fine Arts Museum, Western Wyoming College
- Installation of Officers for 2016-2018 Administration and Reception
- Art, Photography, Craft, Hobby, and Writing Contests
- “Cookie Bake-Off” Contest -- bring or send your international cookies entry
- Silent Auction, 50/50 raffle, Quilt Raffle
- International Night! Join the fun!
- Bring or send items for Service Projects: Food Bank & Humane Society
- Registration Deadline is April 10. Registrar is Roberta Bolton.
- See the spring edition of the GFWC-W “Call to Convention” issue of the Clubwoman for convention details.
- Detailed information and forms available on the gfwcwyoming.org website.

GFWC-Wyoming Convention Presenters



Mary B. Guthrie was born and raised in Newcastle, Wyoming. She received a B.A. in English and a J.D. from the University of Wyoming. She was a law clerk for the 10th Circuit Court of Appeals and worked for the Wyoming Attorney General's Office for 17 years, where she successfully represented the State in *Wyoming v. Oklahoma* in the U.S. Supreme Court. Mary also served as the Cheyenne City Attorney and the executive director of the Wyoming State Bar Association. She taught high school English for two years and, later in her career, was an adjunct English instructor at Laramie County Community College for ten years. She has been a lobbyist for the Union Pacific Railroad. Mary has been active in many civic organizations, including the United Way, Rotary, St. Mark's Episcopal Church, Cheyenne Civic Concert Band, and several book and discussion groups.

Her first conference presentation will be a discussion of *Disrupt Aging*, a new book published in April 2016. Participants will explore ways to embrace opportunities and change the way we look at getting older. Her second presentation will be an examination of why civic engagement and community involvement are important to individuals and their communities. Participants will discuss the importance of "social capital" and strategize on how to generate more civic involvement and membership in clubs.

Dr. Karla Leach is completing her eighth year as president and CEO of Western Wyoming Community College in Rock Springs. The College serves 29,000 square miles in southwest Wyoming and she is always on the move. Karla came to Wyoming from Texas where she served CyFair College as dean of student learning. Prior to that she was doctoral faculty at Texas A&M University-Commerce. For 17 years she served as dean of workforce and continuing education at Tarrant County College in Fort Worth, Texas. She earned her Doctorate of Education in Community College Leadership from the University of North Texas, her MBA from the University of Texas-Arlington, and her Bachelors of Science in Education from Texas Tech University. Karla and her husband Richard have four grown children and three absolutely delightful granddaughters.



Her presentation is "Changing the World, Step by Step." The world changes slowly, yet we desire to make it a better place, to leave it better than we found it, to pass to our children a world filled with opportunity. We will talk about the thoughts, plans, and activities that make each of us the perfect person to change the world, at least a little.



Dr. A. Dudley Gardner is a retired archeologist and professor at the Western Wyoming College in Rock Springs. Dr. Gardner taught history, political science, and anthropology/archeology at Western Wyoming Community College from 1990 through 2014. In addition, he served as the Social Science and Fine Arts Division Chair from 1994 through 2013. Dr. Gardner is a notable scholar with numerous grants and publications. He earned his PhD in History from the University of New Mexico (2000), MA in History from Colorado State University (1980), and BA in English from Lee College (1977).

Dr. Gardner began his archaeological career in 1975 working on prehistoric sites. In 1981 he worked on his first historical archeological site and has worked and published in both areas of archaeology ever since. Among the books growing out of this dual interest that he has published are *Forgotten Frontier: A History of Wyoming Coal Mining* (1989), *Rock Springs Then and Now* (1990), *A Pictorial History of Sweetwater County* (1993), *Architecture of the Ancient Ones* (1995), and six chapters in *The Red Desert: A History of a Place* (2010 Ed by Annie Proulx). In addition he has had several book chapters and articles published since 1981. He was born in Colorado, and, after graduating from Ranum High School, he served two tours of duty in Vietnam then went back east to study at Lee University where he earned his BA. Returning to Colorado he worked for the Archaeology Program at Colorado State University beginning in 1978 and earned his MA in 1980. In 1981 he was hired by Western Wyoming Community College as their staff Historical Archaeologist and transitioned to full time teaching and research in 1990. Dudley, as most call him, loves two things: his children and the American West.

GFWC-Wyoming Convention Tour – Ciner Mine



Dear GFWC-W Members,

I am excited to invite you to a very unique and fascinating tour as part of our 2016 GFWC-W State Convention. We have been provided a very special opportunity to tour the Ciner Wyoming Mine in Green River. The tour will be held on Thursday, April 21. It is an all-day tour, so I have made special arrangements with the Outlaw Inn. If you are planning to attend, you may book a room at the GFWC-W Convention rate on Wednesday, April 20, prior to the beginning of the convention.

We will be afforded a tour both below and above ground. The tour also includes a sandwich lunch from either Subway or Jimmie Johns. If anyone has a special dietary need, they should bring their own lunch. There is no fee for the tour. The tour begins at 9:00 a.m. The schedule for the tour is as follows: 9:00-12:00 p.m.: Underground mine tour. 12:00-12:30 p.m.: Lunch. 12:30-2:00 p.m.: Surface tour.

We will meet in the lobby of the Outlaw Inn at 7:30 a.m. and carpool to Green River to arrive at the mine punctually at 9:00 a.m. Ciner Mine is 40 miles from Rock Springs. The address is 254 County Road 4-6, West of Green River on LaBarge Road. The directions are as follows: Take Interstate 80 West. Take Exit 83, LaBarge Road Exit. Head North 12 miles. They are on the right side of the road. Turn right onto the Ciner access road. Follow the road 4 miles into the plant. Park in the parking lot to the right and proceed to the front entrance of the white building in front of the parking lot.

A safety training will be held prior to the tour. All safety gear will be provided, inclusive of steel-toed shoes. If you happen to have steel-toed shoes, bring them. **IF NOT, PLEASE WEAR CLOSED TOE, CLOSED HEEL SHOES.**

The mine is 850 feet underground. If you are claustrophobic, this is not the tour for you to attend. However, I understand it is an exceptional tour as well as **VERY SAFE AND WELL-LIT**. The ratio of experienced miners to GFWC-W members is 1:3 per my recollection. The maximum number of attendees allowed for this tour is 10, so I will take names on a first-come, first-served basis. Should we have a large number of requests, I will pursue another operator if possible. I am requesting that you respond regarding your **DEFINITIVE ATTENDANCE** by Wednesday, April 13, at midnight at cheyanny@gmail.com.