



KALEIDOSCOPE

October 2020

President's Message Linda Stowers

As the leaves are turning colors and falling, we enter my favorite time of year. I love the smells of fall, the feel of crisp weather and of course the brilliant colors. This year we are also contending with the smoke from the fire in Albany County. My prayers and thoughts go out to many of our members who have property in the fire area and can only hope for rain and/or snow to come soon.

The Board met on Thursday, October 8th via Zoom. Our regular meeting was scheduled for the 7th, but technology got in the way with much of our internets being down first thing in the morning. Technology is great when it works. Our committees are beginning to set some meetings, so be on the look out for their e-mails relating to time and place or manner. We have two new members, Rosemarie Harding and Deborah Fairchild. We welcome them to our club. The only action taken was accepting the request from Claire Synder to go to Inactive status for the 20-21 Club year.

We will have Domestic Violence/ Breast Cancer Awareness pins at the table for members attending the meeting this month. Thank you, Katherine Van Dell, for providing these.

Kudos to all of you for contributing to Needs last month. Lucy reported we collected 223 pounds of food to donate. Let us keep this up by bringing peanut butter and jelly this month. Kudos to Pam Crochet and Phyllis Salzburg for collecting items to donate to Day of Giving.

I attended the Zoom GFWC-Wyoming Fall workshop on Saturday. What a wealth of information shared by committee chairs. Nancy Kaufman did a great job. There are so many things going on my head was spinning.

We received the following awards from last year: Category 3-First Place:

Leadership

Membership

Junior Special Project: Advocates for Children

International Outreach

Home Life

Communications and Public Relations

Category 3-Second Place:

Public Issues

Legislation and Public Policy

Domestic Violence Awareness and Prevention

Arts

This just goes to show what a great group of women we are. As FDR said: People acting together as a group can accomplish things no individual acting alone could ever hope to bring out.



Corresponding Secretary

Brenda Hart

September

Sympathy/Thinking of you

Get Well.

Thank You

Claudia Wilen

Linda Demartine

Ruthanne Hubbard

Jimmy Dean Siler

October Correspondence to date:

Get Well Melissa Gunn

Angie Heimsoth Patti Krakow Brenda Laird



Second Vice-President

Sue Ann Shaffer

Little America, Wyoming Room

11:30 Social, Lunch 12:00

Program: Greetings and Update from UW, President Ed Seidel

We will try to include Zoom for the meeting. Look for an invite.

October Artisan of the Month Lorraine Gallagher, DMD

Joyce Bailey, Historian



Providing raffle prizes (painted bottles) for the October General Membership meeting is Lorraine Gallagher, DMD. Lorraine has been a member of Civic League since 2017. Her sponsor was Flo Beville.

Lorraine was born in Honolulu, HI and grew up in a military family moving all around the country. She completed her undergraduate degree at Lycoming College in Williamsport, PA where she received a BS in Biology. Lorraine attended Temple University Dental School in Philadelphia, PA and earned her DMD degree. Upon completion of dental school Lorraine completed a one-year

general residency program at the VA Medical Center in Wilkes-Barre, PA.

Following her residency program Lorraine accepted a commission in the U.S. Air Force as a dental officer at F.E. Warren Air Force Base. She continued in the Air Force at Spangdahlem Air Base, Germany. She returned

to F.E. Warren Air Force Base in 2001 and entered into private practice in Cheyenne after seven years in the Air Force. Lorraine was also a member of the Wyoming Army National Guard for three years.

Lorraine has held several positions in the Southeast Wyoming Dental Society, including President. She has won several awards including F.E. Warren Federal Woman of the Year (1997), Spangdahlem Medical Officer of the Year (2000), and the Pride of Cheyenne Customer Service Award (2007) from the Cheyenne Chamber of Commerce.

Lorraine is married to Joe Gallagher and they have two beautiful daughters, Shannon and Kaycee. The family enjoys living in Cheyenne. They love to be outside, hiking, gardening, and camping. They have five dogs, Bubba, Gracie, Jake, Zoey, and Roxie (rescued). Lorraine is an avid cook and baker and has started a new endeavor, beekeeping. She has two hives and has no idea what she is doing but enjoys a challenge.



Recipe from last month!

The Lazy Girl's Artisan Bread

(Makes a 1-lb loaf)

Prepared by Linda Stowers, September Artisan

In a large bowl, mix together:

3 cups bread flour

1 tsp yeast

1½ tsp coarse salt

1½ cups warm water

Resist the temptation to add more water; the dough will look a little dry.

Cover the bowl with plastic wrap. Leave bowl on the kitchen counter for several hours. Make it in the morning and bake it for dinner.

Baking: preheat oven to 450° with an empty Dutch oven pan in the oven while it preheats leaving pan in the oven for a total of 30 minutes.

Remove dough from mixing bowl and spread it out on floured parchment paper. Shape as desired. Cut three shallow slits across the top. Place loaf in the hot Dutch oven.

Bake for 30 minutes covered. Take off lid and bake an additional 15-30 minutes, until golden brown. Remove from oven and immediately cover loaf with butter or olive oil.

For Olive Rosemary Bread: when mixing ingredients, add ½ cup pitted kalamata or green olives and 1 Tbsp chopped fresh rosemary.

YEARBOOK CHANGES

A special thanks to Earleen Weaver for her work on the Yearbook. It will be available at the Luncheon. If you are unable to pick one up, please contact Earleen to make arrangements to get one.

Yearbook Changes 2020/2021

Please make the following changes in your yearbook –

Claire Snyder – new address – 5422 Murray Hill Drive, 82009

Tracy Wilson – correct mailing address – PO Box 961, 82003

Vickie Fry – new address – 1884 Lauver Lane, 82009

Remove Kristen Riley from Co-Chair under Membership

Under Board of Directors change Sue Ann Shaffer's phone number to 631-2062 and Brenda Harts number to 634-8050

Maureen Ray's birthday is November 1 please remove the November 11th date

Heather Jensen – delete the phone number 307-514-2238

Add to the yearbook –

Reckling, Shri (Carlton) '09 307-514-4010 505 Thoroughbred Lane 82009 307-630-1767

shridare@yahoo.com

New Members:

Deborah Fairchild (Clancy) 3975 Blue Sky Rd. Carpenter, WY 82054

cell: 307-477-0481

email: debfairchild8@gmail.com

birthdate: Jan. 09

Rosemarie Harding '20 Spouse - Farkad Aboodi

Address - 211 Doubletree Lane, 82009

Phone - 503-562-9790

ESO BOOK CLUB

BOOKS FOR THE YEAR 2020-21

ESO BOOK CLUB

BOOKS FOR THE YEAR 2020-2021

The meeting will be a Zoom one, so look for the invitation.

October 26-Naked in Death by J.D. Robb

November 16-Jane Austin Society by Natalie Jenner

December 14-Becoming by Michelle Obama

January 25-East of Eden by John Steinbeck

February 22-The Boy Who Saw in Colors by Lauren Robinson

March 15-The Aunt Who Wouldn't Die by Shirshentdu Mukhopadhyay

April 19-The Poisonwood Bible by Barbara Kingsolver

May 17-The Shadow of the Wind by Carlos Ruiz Safon

INTERNATIONAL OUTREACH

The International Outreach Committee has money to send to worthy causes across the world. We will be meeting in November to decide where our money will best benefit needy individuals and /or organizations abroad. We would welcome any ideas from our committee members as well as any club members. There are so many in need right now during this time of crisis in the world. Thanks in advance. Cathy McMikle and Judi Loomis, International Outreach Committee Co-chairs

YOUTH AND FAMILY SERVICES

Domestic Violence and Sexual Assault Awareness and Prevention GFWC- Wyo.

GFWC-Wyo is going to collect loose change at the October and November luncheons because October is National Domestic Violence Awareness Month. National is supporting a group called Starfish Project which sells attractive jewelry. Please check it out. Really fun pieces of jewelry. We will buy a piece or two and give as door prizes. It is a good way to help these women get back on their feet and feel useful. Thanks so much Shelley and Pat

MILITARY COMMITTEE

Please join us in providing needed items to our community's new 501(c)(3) non-profit dedicated to serving homeless veterans in our community: the Veteran's Rock. The founders of Veteran's Rock (Cindy Stockdale, Robert and Sandy Dockins) have a long history of serving veterans in our community.

The Veteran's Rock is asking for donations of:

- -Long John shirts and pants, sizes small through 2XL, male and female
- -sweatshirts, sizes small through 2XL, male and female
- -sweatpants, sizes small through 2XL, male and female
- -socks: women's and white crew/tube socks for both male and female
- -winter coats, sizes small through 2XL, male and female

For clothing items, they have the greatest need for female items and larger sizes, but could use all sizes and female/male.

They are also asking for donations of these specific hygiene items:

- -body lotion
- -chap stick
- -foot powder
- -nail clippers (finger and toenail)

They are also looking for donations of money to purchase other needed items and gift cards (for gas and food.)

We will be collecting the items at our luncheon this Wednesday, October 14. You may also drop off your items at the home of Wendy Owen: 2700 Carey Ave. If you would like to mail a monetary donation directly to the Veteran's Rock, the mailing address is: 605 South Greeley Highway, Suite 1, Cheyenne 82001

**We would like to keep a list of what our club has donated, so when you drop off or mail your donation, please send me an email.

Please feel free to contact me with any questions.

Thank you so much!

Warmly,

Carolyn Ritschard

SENIOR SERVICES

Senior Services will be putting Halloween baskets together for the Retirement Centers in town and they will be delivered afterwards.

Where: Barb Kuzma's office at Maxwell and 17th. Please wear your masks.

When: Monday, October 26th

Time: 10:00 Our next meeting is on Monday, November 9th at 10:00 at Panera. Please wear your mask. I have pushed back our monthly meeting a week due to the election. Kim Benson and Laura Gorman

SPECIAL NEEDS

The Special Needs Committee is doing a drive for Ambitious Diversities which is a registered 501(c)(3) non-profit organization based in Cheyenne, WY. Since 2014, they have been doing their part to reduce waste in our landfills and help our neighbors in need by running a local thrift store, food bank and art class. They employ individuals with disabilities, and support all community members in need through their free food bank.

They are collecting / accepting the following items:

Home décor

Gently used clothing

Furniture

Nonperishable food items

Art supplies in good to new condition

Please feel free to drop off any items you would like to donate at Lucy Russell's 7711 Elling Rd. Cheyenne, WY 82009. These drop offs can occur during your Christmas House donation on November 5-7th, 2020. Or you can contact Heather Dodson (307) 421-4569 or Patti Krakow (307) 631-0434 for a pick-up of your donated items.

https://ambitiousdiversities.com/

We voted to donate \$1000 to the walk-in freezer that is needed by Needs. We hope that all committees consider donating the same amount.

Our next meeting will be 11/2/2020 @ 11am via Zoom. An invite will be sent out closer to the meeting date / time.

WOMEN'S ISSUES

The Women's Issues Committee voted early this year, just prior to COVID, to make the following awards: \$500 to purchase snacks for **Day of Giving** blood donors and items for agencies they support; \$150 to treat a woman resident of **Comea** to a day of pampering; and **\$200** to provide a silent auction basket for Habitat for Humanity's Jump Into Jewels fund raiser. Many bags of "jewels" were delivered to Habitat for Humanity before the shut down which were collected at our last meeting in the spring!

Everything changed for these organizations and our club soon after. Committee members recently voted to send the checks and let the organizations use the funds for their greatest need.

When **Day of Giving** rescheduled their one day event for the end of September, our members generously brought donations to the "front porch donation drive" at Pam Crochet's and Phyllis Salzburg's to be delivered to the Community House. Thank you for your generous donations of non-perishable food, personal care items, prescription glasses, 5 bags of yarn and looms for the yarn, and more! GFWC Women's Civic League received a

very heart-warming thank you letter from Greta Morrow, Day of Giving founder and board member, for the club's generous financial donation, which will be used to help support community agencies throughout the year, and our donations on September 25.

Greta says in her letter, "The Day of Giving Board is honored to have your continuing support. Yours is a very influential group, and it's encouraging to know that you see the value in our efforts! Thank you for your help!"

GFWC-WYOMING

Given the historic role Wyoming played in the Suffragist movement, the GFWCW Board voted to support this memorial by working to raise \$1000 for recognition on the wall. Donations can be made to GFWC-Wyoming and sent to Katherine Van Dell, GFWC Treasurer

We will have a motion at the October meeting to support this activity.

The Turning Point Suffragist Memorial Design

You will be able to enter the monument grounds through the replica White House gates where you will see the Turning Point Plaza Rotunda. The Plaza also features 19 informational stops mounted on ten interactive historic vignette stations that reflect on the memorial's message of "empowerment." One can contemplate the sojourn in the meditation garden.

Conceptual Design Features

Entrance Plaza Gates are a replica of the White House gates where suffragists stood as "silent sentinels" demanding the right to vote and later held "watchfires for freedom" rallies. Names of contributors will be displayed on a Donor Wall next to the fence and gates. Commemorative Banners anchoring the entrance replicate those carried by the suffragists and will offer great photo opportunities.



MEMORIAL ENTRANCE GATE

Turning Point Suffragist Memorial



ROBERT E. BEACH ARCHITECTS, LLC

03/14/19

OTHER ITEMS

WCLC is participating in the Meadowlarks Market on October 31st. It will be at the CFD Headquarters from 9-5. If you have any craft items you would like to donate, please price them. I can pick them up prior to the Market. Please contact me at lpstowers54@gmail.com or call me at 307-220-1219.

GFWC X-JWC

X-JWC will hold its annual **TEXAS ROADHOUSE** fundraiser to support the club's Community Improvement Projects (Family Promise and Friday Food Bags) on **Thursday, November 12, 2020, 11:00 a.m.** – **1:00 p.m.** Tickets are \$12 each, paid in advance. Social distancing will be in place.

Businesses can have orders of 5 or more delivered by the club and individuals can have orders prepared and ready for take-out at Roadhouse. Tickets are available from Phyllis Salzburg, Lucy Russell, Patty Benskin, Wendy Owen, Katherine Van Dell or any X-JWC member. For details on business delivery, take out or other event information, contact Phyllis.

Billie Neff Memorial Scholarship



In memory of our beloved friend, Billie Neff, the Billie Neff Memorial Scholarship has been created through the University of Wyoming Foundation. Billie's life-time contributions to the community were many. Billie was a Past President and a long-time cherished member of Women's Civic League of Cheyenne and Past Christmas House Chairman. She was a DAR Honorary Wyoming State Regent and Cheyenne Chapter Regent, serving on many committees and in various offices in these organizations. She was extremely talented and her favorite hobby was miniatures and doll houses. She had a quick wit, incredible human spirit and she was just plain fun to be around. Billie has been described as the "best kind of trouble". She was our good friend, mentor, supporter and the inspiration of many. This memorial was chosen in Billie's honor because of her passion for the education of our youth.

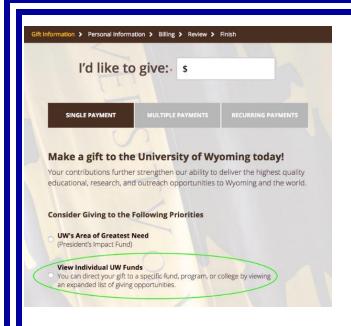
Friends may contribute to this memorial with the following options:

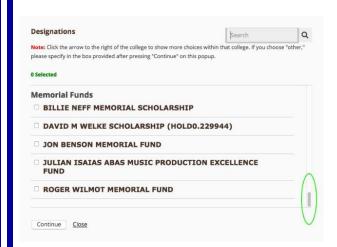
1.) Make an online memorial gift using the following link which is a secured webpage.

http://www.uwyo.edu/giveonline

Instructions for the Give Online page are below, as well as two attachments which show screen shots of the webpages.

Go to the link above, and select a gift amount, and then select "View Individual UW Funds." A pop up screen will appear upon which you should scroll down to find the "Billie Neff Memorial Scholarship" listed. Check the box next to the scholarship and click continue, following the prompts.





2.) Send a check using the following address:

In memory of Billie Neff

c/o The University of Wyoming Foundation

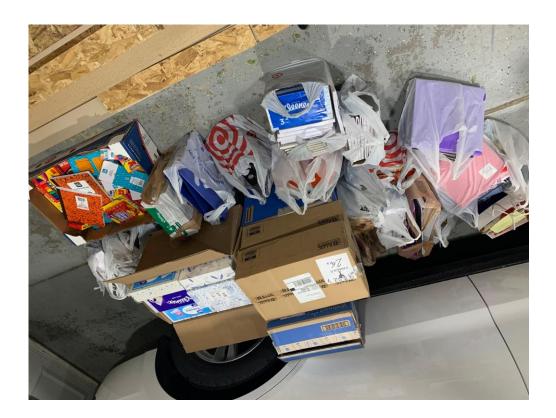
222 South 22nd Street

Laramie, Wyoming 82070

Please enter either the name of the scholarship or Mrs. Billie Neff's name on the memo line of the check.

Donations for the School District in conjunction with X=JWC





Kaleidoscope 13

The following article was in the Casper Star Tribune this past week. She is the Grandmother of Kay Jessen. She came to WY because women could vote. I sent several, not sure if they are usable. I did not want the very long list of firsts, gave them a few. How she did all she did as well as having six babies in ten years!



A woman of many firsts in Wyoming

Rochelle known for breaking ground in politics, teaching

GAYLE M. IRWIN

Kathleen Mae Ogden Rochelle was known as a woman of perseverance and conviction, which led her to become a woman of many "firsts"

She arrived in Wyoming in 1906 from lowa to serve as the first teacher at the Lusk Primary School. Twenty years later, she became the first woman from Niobrara County elected to serve in the Wyoming Legislature.

Kathleen decided to run for the legislature for several reasons. First, she saw an opportunity to continue supporting women's suffrage and education issues, and second, by serving in the Legislature, she could help support her family. She and her husband, Albert, whom she married in 1907, ran a sheep operation. During World War I, the Rochelles had a contract for their animals, but when the war ended, the contract was canceled.

Kathleen received criticism from some people for running for and serving in the Legislature because she had a family. However, her tenacity and strong belief that women added value to society, not just as a wife and mother, led her to represent Niobrara County and later, Natrona County.



ROCHELLE
to the State Legislature

Manter of 1907-1932-1933 Legislature

SHE HAS PROVEN HER ABELLET

From A

When she stepped into the role of representing Lusk and Niobrara County in January 1927, Kathleen was the only woman in the Wyoming Legislature. She not only was the first woman to represent Niobrara County, but that year, she was also the first woman to sit on the Wyoming Legislature in 12 years. Her perseverance and courage, her values and convictions about family, women's rights and community allowed her to work to

improve Wyoming's future.
Kathleen also led many community groups and experienced many other firsts. For example, she served as the first president of the Lusk Civic Club and the first president of the Lusk Parent Teacher Association. She was also the first woman on the Lusk Community Board of Education.

Literacy and education were important to her, so she helped establish a Carnegie Library in the community.

Her values and commitment extended to the country. During World War I, Kathleen served as vice county chair of the American Red Cross, as a member of the Niobrara County Council of National Defense and on the American Food Commission.

Kathleen, her husband and their six children moved to a large sheep ranch near Arminto in Natrona County during the early 1930s. Even though finances were better for the family, Kathleen wasn't finished with politics. She represented Natrona County for two legislative session plus one special

Education continued to be an important issue for this former school teacher. So were veterans and women's issues. She chaired the committee on education and

helped establish Wyoming's junior college system. She worked for veterans' benefits and lobbied for women to serve on juries. Her values and beliefs paved the way for many positive changes for the state and its citizens.

The daughter of Irish immigrants, Kathleen was known as a headstrong woman who wasn't afraid to voice her opinion. She was also considered a woman ahead of her time.

Kathleen partnered with her husband in the sheep business, and she became the first president of the Wyoming Woolgrowers Auxiliary. She was the first state PTA president and served as president of the Casper PTA Council. She also served as president of the Casper Women's Club.

This adventurous woman took on many roles with zeal – rancher, wife, mother, legislator, civic leader, poet and fashionista.

Standing 5 feet, 10 inches tall, Kathleen was known to dress stylishly and wear elegant hats. She enjoyed parties, social activities, reading books and writing poetry.

She composed poems about her children, friendship, fashion, the Wyoming landscape and the

loneliness a woman experienced on the prairie. She also wrote a poem about Wyoming Day, a bill she sponsored while in the Legislature. Dec. 10 is considered Wyoming Day in honor of the anniversary of the then-Wyoming territorial legislature passing the women's suffrage law in 1869.

When Kathleen Rochelle died at the age of 80 in 1958 in Casper, she left a trail of Wyoming firsts. Through her perseverance and convictions about family, women's rights and community, she left an indelible mark on Wyoming.

Writer's note: We thank Kay Jessen and other relatives of Kathleen and Albert Rochelle for helping us learn and understand more about Kathleen through their recollections and the numerous newspaper clippings and other historical documents they provided.

About the series

December marked the 150th anniversary of women's suffrage in Wyoming — a first in the United States. To recognize this historic event, the Star-Tribune is publishing 40 profiles of women, both historic and contemporary, who've left their mark on our state. The series is not only examining the contributions these women made to Wyoming but also the personal characteristics that helped them succeed. Look for it in our Sunday editions and online at Trib.com.

WYOMING DAY-DECEMBER 10 by Kathleen Rochelle

There's an Equality State called Wyoming, away out in the West The state of my adoption, the one that I love best Where there is a kindred spirit that permeates the air Like an aura sublime, you feel it everywhere In these wide open spaces, there's room to think and do Where men hold Nature faces, will develop the best in you Thus in our territorial Constitution a new idea gave Equal suffrage to the Women of Wyoming Which swept like an advancing wave. All the states of this great country soon fell in line With the Wyoming idea.... and embraced it's example fine All honor to these pioneers, who saw fit to give Women the privilege to develop courage, faith and initiative Many worthy personalities present themselves in review But I prefer to eulogize, the women the public never knew The women on the homesteads, the women on the plains

The women on the ranches, who bore the brunt and pains
Of pioneering life on Wyoming's frontier
Who lacked the opportunity to do

Today's heralded accomplishments, which they prepared for you Those true and patient women, who spent many a lonesome day Out on the wind swept prairies, and had the will to stand and stay They helped build a home in the wilderness

To carve a state upon a crest

We call it Wonderful Wyoming, the one we love the best So December 10th is set aside, that we may pause and meditate On the heritage left by our pioneers, a splendid guide to our estate

Their work lives on, it cannot die, it shall not pass away Let us keep faith and carry on, the brave won spirit of yesterday!

SOCIAL MEDIA

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GFWC Women's Civic League of Cheyenne

Please keep the community posted on what we are doing with Civic League. Help tell a story by emailing or texting Linda Stowers photos! Free advertising and a greater reach than TV or Newspaper!

GFWC Women's Civic League of Cheyenne

Linda Stowers, President
Pam Hendricks, First Vice-President
Sue Ann Shaffer, Second Vice-President
Denise Lathrop, Recording Secretary
Brenda Hart, Corresponding Secretary
Teresa Kunkel, Treasurer



Kaleidoscope

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